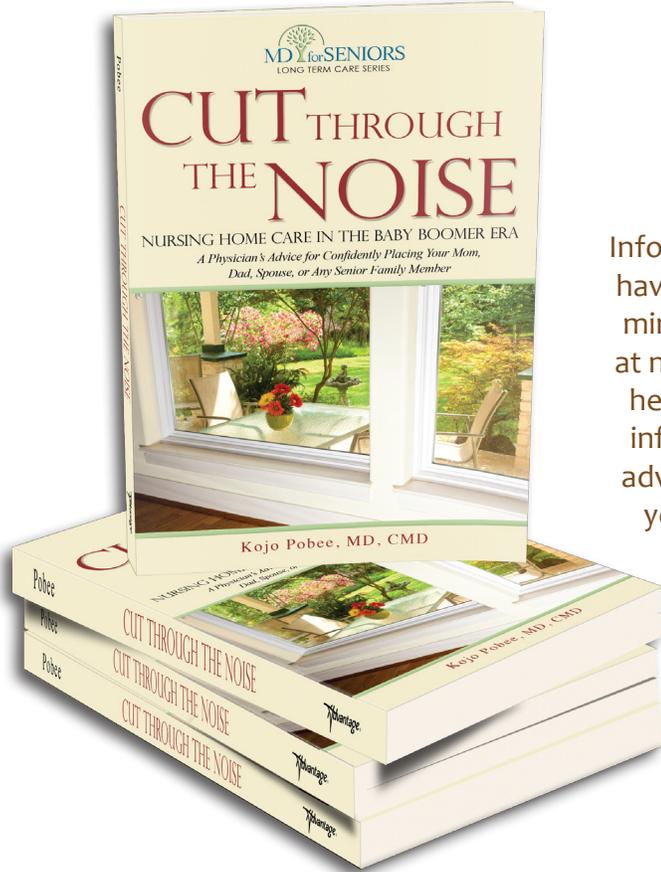


Simplify Nursing Home Placement



Information is power, and having it means peace of mind. This insider's look at nursing home care will help you to become an informed and effective advocate for yourself or your family member.

What Comes to Mind When You Hear the Words "Nursing Home"?

Very probably nothing positive, particularly if you're not familiar with nursing homes as they exist today. But nursing homes are a fact of life, and given the aging of the baby boom generation and their parents, the chances are that soon you, someone in your family, or someone else you know will become a nursing home resident.

The good news is that nursing homes are better than ever, striving to provide a good quality of life for their residents, and offering a wide range of facility choices and levels of care. The challenge is finding the right fit.

An educated consumer is an empowered consumer. Kojo Pobee, MD, a board-certified Geriatrician and Certified Medical Director, an in-the-trenches doctor with a long-term care medical practice that includes nursing homes, authored this book to help you cut through the negative noise and misinformation about nursing homes, and to understand their place in life planning.

ABOUT THE AUTHOR

KOJO POBEE, MD, CMD is the founder of MD for Seniors, a medical practice dedicated to long-term care that focuses exclusively on delivering physician services to patients where they reside: in nursing homes, assisted living facilities, and, occasionally, in their homes.

Dr. Pobee finds his work extremely rewarding and fulfilling. He says, "Most of our rehab patients recover and go home, and we are privileged to shepherd our long-stay residents through the healthcare system in these later years of their lives."

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