

**23 Know that everything you need is there for your asking.** All you have to do is take it.

**24 Trust the process.** All things work together for the greatest good.

**25 Recognize that many people who come into your life are a blessing from God.** They will transform your life for the better when you allow them to.



## Ways to Honor Yourself

*“Follow your instincts.  
That’s where true wisdom manifests itself.”*

OPRAH WINFREY

**26 Learn something new every day.** Unlimited imagination is greater than knowledge.

**27 Pay attention.** This helps you choose the consequences that you want to create on the journey to honoring yourself.

**28 Ignore pettiness.** Keeping your heart open gives people around you a way to open up theirs to something greater than you or they could imagine.

**29 Be patient.** Time prevents everything from happening at once. Things always unfold in an orderly manner. The growth you need comes with patience.

**30 Have a good attitude.** Having positive thoughts, speaking positive words, and doing positive things honors yourself so you are in line with Holy Spirit.

**31 Be respectful.** Using words of kindness and appreciation help you build appreciation and gratitude.